

DECEMBER 2024

Nosotros Academy - Breakfast Menu

M Blueberry Muffin
Apple
100 % Apple Juice
1% White Milk
FF Chocolate Milk 2

T Pancakes
Banana
100 % Apple Juice
1% White Milk
FF Chocolate Milk 3

W Turkey & Egg Burrito
Peaches
100% Apple Juice
1% White Milk
FF Chocolate Milk 4

T Bagel w Cream Cheese
Orange
100 % Apple Juice
1% White Milk
FF Chocolate Milk 5

F Egg & Cheese Muffin
Mix Fruit Cup
100 % Apple Juice
1% White Milk
FF Chocolate Milk 6

Strawberry Yogurt w Crackers
Apple
100 % Apple Juice
1% White Milk
FF Chocolate Milk 9

French Toast
Banana
100 % Apple Juice
1% White Milk
FF Chocolate Milk 10

Chorizo & Potato Burrito
Peaches
100% Apple Juice
1% White Milk
FF Chocolate Milk 11

Cinnamon Roll
Orange
100 % Apple Juice
1% White Milk
FF Chocolate Milk 12

Apple Filled Pancakes
Mix Fruit Cup
100 % Apple Juice
1% White Milk
FF Chocolate Milk 13

Assorted Cereal
Apple
100 % Apple Juice
1% White Milk
FF Chocolate Milk 16

Waffles
Banana
100 % Apple Juice
1% White Milk
FF Chocolate Milk 17

Potato & Egg Burrito
Peaches
100% Apple Juice
1% White Milk
FF Chocolate Milk 18

Banana Bread
Orange
100 % Apple Juice
1% White Milk
FF Chocolate Milk 19

Strawberry Pop Tart
Mix Fruit Cup
100 % Apple Juice
1% White Milk
FF Chocolate Milk 20

H 23

A 24

P 25

P 26

Y 27

H 30

O 31

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HEALTHYINNOVATIONS
A Nutritional Food Service & Culinary Experience

This institution is an equal opportunity provider.

General Manager: Mirna Arenas

MENUS SUBJECT TO CHANGE

Mirna.arenas@healthyinnovationsaz.com